



April 2008

## MONTHLY NEWSLETTER

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### Rent Space at the Centre

Located in the old school in the centre of Mahone Bay, this thriving community centre is host to a wide variety of programs & uses. We have artists' studios, an art gallery & art room, fitness activities & much more. If you're looking for space - either on a one-time basis or long-term - we can help. You can book space for workshops, classes, events or private functions.

Call 624-0890; drop by the

Dear Wayne,

### Book Launch - Mahone Bay Old School: A Life and Times

Mahone Bay history will come alive on Saturday April 19, at the Mahone Bay Centre, with the publication and launch of a history of the old school entitled Mahone Bay Old School: A Life and Times.

Researched and written by Bob Sayer, the book is over 260 pages, in a coffee table format (10" X 13") with spiral binding. It contains first person accounts of school and town life, school board records, newspaper clippings, photographs, and memories of principals, teachers, and students. There are pictures on every page. More than 1400 names are listed in the index, to help find references to more than three generations of Mahone Bay area families, as well as former teachers and schoolmates.

On Saturday, April 19 at 2:00 p.m., there will be an open house so that former students and teachers will have a chance to roam through the "hallowed halls" and classrooms. The choir and band from Bayview Community School will entertain. At 2:30, Bob Sayer will present the book and a slide show of old photographs, share his experience of interviewing many former students and teachers, and introduce some of them to tell their stories "live". Coffee, tea and sweets will be served.

Publication of the book brings to fruition an oral history project initiated by the Mahone Bay Centre in 2005, with the help of a grant from the Nova Scotia Department of Tourism, Culture, and Heritage. Generous financial support from the Town of Mahone Bay and individual donors, as well as the purchase of advertising in the book by many in the local business community, has helped defray the costs of publication.

Volunteers from the Centre membership are needed to help set up (tables, chairs, memorabilia, refreshments, etc) on the morning of Saturday, April 19, from 9:00 to noon, and for about an hour at the end of the afternoon. If you can help out, even for an hour or so, please be in touch with Carol in the Centre office (624-0890) or with Ted Hobson (624-0914 or [tedhobson@yahoo.com](mailto:tedhobson@yahoo.com)).

From advance book sales (about 150 so far) this promises to

office, (office hours below),  
or e-mail  
[thecentre@mahonebay.com](mailto:thecentre@mahonebay.com)  
for details.

Help the Centre grow it's membership by using the **Forward Email** link at the bottom of the newsletter (it's very small) to send this issue to a friend you think may be interested in knowing about the Centre's many activities.

REMEMBER as a member, you are entitled to submit notices regarding activities held at the centre. When doing so, though, please observe the guidelines outlined in the note at the very bottom of this issue.

To comment on the newsletter:  
[thecentre@mahonebay.com](mailto:thecentre@mahonebay.com)

#### Our Sponsors



[Join Our Mailing List!](#)

be a great event for the whole community. Please help us make it a success. You can also pre-order your book until end of day Friday April 4, by dropping in to the Centre office, making out an order form, and leaving a \$20 deposit.

## Nominees for the MBC Board of Directors

This is to invite you to suggest nominees for the Board of Directors of the Mahone Bay Centre to serve in the coming year. The AGM is coming up soon and we will be electing those persons we want to help with the leadership of our Centre.

This is an important time in our development. Many new exciting ideas for programming and visioning for our future will be coming to fruition.

We need a diverse representation of enthusiastic and creative persons. You may be one of those persons, or you may know of someone. Please contact us, (624-0890 office), with your suggestions for nominees.

## MBC 2008 Membership

2008 Membership: Just a reminder to everyone that it is membership renewal time at the Centre. Become a new or renewed member of the Centre in 2008! Annual memberships: \$10 adults, \$2 unwaged, \$2 under 18.

We would like to say a special thank you to all our supporters & committed volunteers.

## VCR Needed at the Centre

We are in need of a working VCR here at the Centre. We have a great selection of movies that have been donated to be used in the Youth Studio. If you have a VCR that you are no longer using and would like to donate it to the Centre, it would be greatly appreciated.

## Old School Market - Every Friday

The Old School Market will be held on Fridays, from 9 - 1. We have new vendors and a new chance to fill your craft, farm, food, flea & yard sale needs. We have an introductory rate for vendors; \$5 for an 8'X10' space, and \$5 for table rental if needed.

## The Mahone Bay Area Food Bank Association...

The Mahone Bay Area Food Bank has joined the Mahone Bay Centre and will be open on April 1st, 15th, & 29th this month. The facility will be available on alternate Tuesdays from 9:30 - 12:00. The Food Bank is located in the basement next to the Youth Centre. Clients will enter through the Youth Centre where they will be welcomed and volunteers will distribute food from an adjacent room. The members of the food bank are grateful to the Mahone Bay Centre Society for making this location possible and being so supportive to its efforts to serve a community need.

### **Arts at the Centre**

#### **ACCESS ART Techniques Workshops:**

#### **Life Drawing Open Sessions:**

Life Drawing Sessions continue on Thursday evenings from 6:30 to 9:30 pm.

**Felt Art Workshop with Justine Kerr** - Sunday April 13.

**Intelligent Composition Workshop with Jenny Carton**  
- Sunday April 27.

Workshops run from 10 am to 4 pm - only \$50 but space is limited. Check out the Mahone Bay Centre website for details. To register call Sally 531-2161.

## The Printmaking Group

### **Meet Tuesday mornings at 10 am**

Use an etching press to create monotypes, collagraphs, drypoint prints, etchings, engravings and solar plate prints. Each session provides participants with four hours of studio time with a lunch break at noon.

The cost is about \$10 per person each class session, (depending on the number present). If you wish to participate and would like to learn more about it either drop by at the Art Room on a Tuesday or phone Ed Porter at 634-3497.

## Shambhala Meditation Centre

Of the South Shore

**First Sunday:** Nynthun sitting practice, 9:00 am-12:00 pm. All welcome.

**Open House:** Wednesdays, 7:00-9:00 pm. Includes meditation, an introductory talk, tape or reading on meditation. All welcome.

## Double Dragon Dance Studio

### **Middle Eastern Dance Classes**

A fun recreational activity, which has its beginnings in village and tribal life of the Middle East. You do not have to be proficient in the dance to enjoy it and receive its physical benefits. You can dance at your own pace and those at all levels of physical activity can challenge themselves. Wear comfortable clothes and shoes, bring a bottle of water.

(Beginners - Mondays, 7:30 pm; Advanced - Wednesdays, 7:30 pm). Limit of 10 participants per class. Cost \$60/8 classes or \$10/class. Ages 16 & over. Join any time. Contact Andrea Haines 634-8923 or 541-0918.

**Ballet Classes** - For more info call the Municipality of Lunenburg Recreation Dept. at 541-1343.

## Take 30 Fitness, Nutrition & Weight Loss Centre for Women and Men

Do you want to lose weight and get healthy for Spring? Call today to set up your free trial and see all that we have to offer. We are a fitness, nutrition and weight loss centre for men and women. We offer the best equipment around, free nutrition consultations and weight loss programs.

Everything you need under one roof! "Most people come to us because they have to but they stay because they love it!" 531-3330

## **MOVIE NIGHT - Sponsored by South Shore Council of Canadians**

Friday April 18, 7:30 pm. The Council of Canadians and Cinema Politica presents the documentary film **LIFE AND DEBT**, a damning portrait of the consequences of Free Trade and IMF imposed structural adjustment policies. No admission charge and free popcorn. For information call 527-2928 or [coc.ss@hotmail.com](mailto:coc.ss@hotmail.com).

No admission charge. Free popcorn available. For further information call 527-2928 or email [coc.ss@hotmail.com](mailto:coc.ss@hotmail.com).

## Cafe Canada

Cafe Canada: Friday April 4, 7:30 pm. A discussion on the war in Afghanistan and the extension of the Canadian mission until 2011.

Introducing the topic will be Jeff Doran. Jeff came to Canada from the United States as a war resister in 1970. Retired from teaching at Parkview Education Centre, he is a writer

and traveler.

Fair trade coffee, tea, and light refreshments will be provided. No admission fee. All welcome. For further information call 527-2928 or email [coc.ss@hotmail.com](mailto:coc.ss@hotmail.com).

## WHERE PROSE AND POETRY MEET With Carole Langille

Monday afternoons, 3-5 pm, beginning April 7th.

Participants will bring one short story, or write one during the semester. Poetry exercises will be given each week. Participants will critique stories and poems in a supportive environment.

For Beginning and Advanced Poets and Prose Writers. Cost: \$150.00 for nine weeks. Call to register: 902 857-1694 or e-mail: [carole.langille@ns.sympatico.ca](mailto:carole.langille@ns.sympatico.ca).

Carole Langille is the author of three books of poetry. Her short stories have been published in The Fiddlehead, The Danforth Review, Write On, & The Antigonish Review.

## Bethel Outreach Church Seminar

### **CREATION SEMINAR** - APRIL 12, 2008

No Registration Fee

#### **Evolution. What are the 'Facts'?** (10:00 am)

Most people are presented with the 'Theory of Evolution' as if it was irrefutable, based solely on facts by unbiased scientists. Learn the history of this theory, the anti-Christian foundation it was based upon, and the presuppositions it holds that are never talked about. In this session you will learn how generations of people have been duped by the Humanist agenda and the solid evidence that shows how the 'Theory of Evolution' can't stand the test of modern science.

#### **Codes and Creation** (2:00 pm)

Could life happen by chance? This presentation examines the little known Laws of Information Theory and how they completely destroy the materialistic concepts that are taught as fact in schools and in the media. Examines the spiritual nature of the concept of information and how the only explanation for the incredible complexity of the biological information in living things is that the incredible God of the Bible created it that way!

#### **Intelligent Design: Critical Thinking Concerning the Question of Origins** (3:30 pm)

This presentation examines the concept of 'Intelligent Design' as an alternative to Evolutionary Theory as an

explanation to the origins of life on earth. Learn why scientists all over the world are questioning the validity of some long held concepts of evolutionary theory in light of new scientific data. Challenges with the current evolutionary paradigm are examined, scientific evidences for an intelligent designer are presented, and the ethical questions raised by this debate shed light on why this is such an important and controversial issue.

## Web Site: Member-to-Member News

The [NEWS page](#) of our web site is open to all members of the Centre who may wish to post news items of interest to both the members of their own group within the Centre, and to the membership at large.

The web site is updated once a month

MAHONE BAY CENTRE  
At The Old Schoolhouse  
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Tel: (902) 624-0890  
E-mail: [thecentre@mahonebay.com](mailto:thecentre@mahonebay.com).

Office hours: Monday-Friday,  
10:00 - 12:00 & 12:30 - 2:30 pm

**Annual memberships:**  
\$10 adults, \$2 unwaged, \$2 under 18.

*Thanks to all our supporters & committed volunteers.*

## Note

### PLEASE OBSERVE THESE GUIDELINES WHEN SUBMITTING NOTICES TO THIS NEWSLETTER:

**MODE:** We prefer notices be submitted digitally by email or MSWord attachment to [thecentre@mahonebay.com](mailto:thecentre@mahonebay.com).

**FORMATTING:** Use bold type for headings and sub-headings and ALL CAPS for emphasis within body text. Notices may be edited or reformatted for clarity sake at our discretion.

**SPELLING:** We will do our best but can not accept responsibility for spelling.

**LENGTH:** Please limit messages to 150 words. Excessively long notices must be resubmitted as two or more messages or condensed to a more appropriate length.

**DEADLINE:** This newsletter is published from an online server on the last Friday of the month for the following month. We have a volunteer that uploads news articles the previous Monday morning. This means that the **DEADLINE for accepting notices will be the 2nd last Friday of the month**. We cannot guarantee that notices received after this deadline will be posted in the newsletter.

[Forward email](#)

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